

# AVON PUBLIC SCHOOLS

2023-24

Dear Parent(s),

It is our hope that your child will take an active role in the many activities offered here at Avon Middle School. Students are urged to participate in one or more programs in order to enhance their general development. Clubs, intramurals and athletics are an integral component of a liberal arts education. As such, they work to develop self-confidence, teamwork and leadership skills. These activities also serve as an arena to provide students with a safe and encouraging environment to test themselves and their new knowledge and skills. Listed below are some of the activities offered; additional activities may be included as the year progresses.

## CLUBS

The clubs and activities listed below are ones presently active. Student interests and needs are dynamic so new clubs can be created to provide opportunities for students to express their desire to expand present student groups. Activities are not just a way to have fun or be with friends, but are also a valuable educational tool. Some of the many clubs include Arioso; Craft Club; Helping hARTS; HOPE; Jazz Band; Leo Club; MathCounts; AMS Musical; AMS Talent Show; Poetry Club; Robotics; Student Council and Yearbook.

## INTRAMURALS AND ATHLETICS

The major focus at this level is to allow all team members an opportunity to contribute through their participation in each contest. Basic skill development is emphasized, as well as physical conditioning, game strategy and sportsmanship. Intramural programs are provided in the following areas: field hockey; flag football; tennis; basketball; dodgeball; volleyball and floor hockey.

## INTERSCHOLASTICS

Interscholastic competition (competes with area schools) is offered in the following sports:

**Fall (early Sept):** field hockey (coed); cross country (coed)

**Spring (late Mar):** track & field (coed)

## IMPORTANT

The Board of Education requires that all students, prior to participation in interscholastic sports, submit a signed sports physical form by a physician. This exam is good for one calendar year and must be on file with the school nurse in order to be eligible for try-outs, practices or contests. Failure to comply with this requirement will result in the exclusion from participation in athletics, including all practice sessions. A physical is not needed for the intramural program. Forms can be downloaded at: [http://www.avon.k12.ct.us/webshare/ams/forms/Sports\\_Medical\\_Exam.pdf](http://www.avon.k12.ct.us/webshare/ams/forms/Sports_Medical_Exam.pdf) Additional information regarding activities can be found at: <http://www.avon.k12.ct.us/avonmiddle/activities/>

Please encourage your child to become involved in the school community; the benefits are immeasurable.

Sincerely,  
Kristina Wallace  
Principal

***A separate permission slip is required for each after school activity***

*please complete and return signed permission slip to the **coach or club sponsor***

I give permission for (name) \_\_\_\_\_, (grade) \_\_\_\_\_, to participate in the activity listed below, realizing that any activity involves the potential for injury, which is inherent especially in sports activities. I acknowledge that even with the adult supervision, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis or even death. I acknowledge that I have read and understand this warning.

Name of Activity: \_\_\_\_\_

\_\_\_\_\_ will be picked up no later than the end of the activity \_\_\_\_\_ has permission to walk home or to the library

Emergency contact: \_\_\_\_\_

(name of emergency contact person)

(phone number to call)

\_\_\_\_\_  
(parent/guardian signature)

\_\_\_\_\_  
(home phone)

\_\_\_\_\_  
(work phone)

\_\_\_\_\_  
(date)